About Bacteria

The friendly bacteria in our bodies are the first line of defense for our immune system. They are also responsible for manufacturing all the hundreds of thousands of enzymes that are necessary to perform every single metabolic process in our body. Without adequate numbers of these vital bacteria-produced enzymes, nutrients do not get broken down and assimilated in the numbers that are needed by our bodies. An inability to process and assimilate the nutrients we ingest is what is at the heart of many disorders and illnesses.

Given our current environmental and lifestyle realities, the average person is exposed to so many toxic chemicals, drugs and carcinogenic additives that they no longer have enough friendly bacteria to sustain health! Once harmful toxin-producing bacteria and fungi begin to take over in the gastro-intestinal tract, your immune system is severely compromised.

Possible signs that there may be a deficit of friendly bacteria in your system: chronic fatigue, sleeping poorly, frequent diarrhea, or constipation, intestinal disorders, poor immune response, bladder infections, chronic vaginal infections, candida, allergies, skin fungus, dairy product sensitivities, menstrual complaints or chronic bad breath.

Ingredients: Spirulina*, Whole Grains* (Soy Beans, Wheat, Barley, Oats, Rye, Brown Rice), Barley Malt, Blackstrap Molasses, Flaxseed, Barley Grass*, Alfalfa*, Wheat Grass*, Kelp, Mung Beans*, Whole Corn*, Whole Millet*, Whole Buckwheat*, Whole Alfalfa Seed*, Green Ginger*.

* certified organically grown

All ingredients are predigested with organic Lactobacilli: Lactobicillusacidophilus, L. delbrueckii, L. caseii, L. bulgaricus, L. causasicus, L. fermenti, L. plantarum, L. brevis, L. helveticus, L. leichmannii, L. lactis, L. bifidus, Saccharomyces cerevisiae, S. boulardii.

Spectra 12 contains no pesticides, herbicides, preservatives or artificial colouring.

Ingrédients: Spiruline*, graines entières*, (fèves de soja, blé, orge, avoine, seigle, riz bruin), malt d'orage, mélasse noire, graines de lin, herbe d'orage *, luzeme *, herbe de blé *, varech, fèves de mung *, maïs entier *, millet entier *, sarrasin entier *, graines de luzemeentier *, gingembre vert*.

*de culture biologique certifée

Tous les ingrédients sont prédigérés avec de cultures de lactobacillus divers : Lactobacillus acidophilus, L. delbrueckii, L. caseii, L. bulgaricus, L. causasicus, L. fermenti, L. plantarum, L. brevis, L. helveticus, L. leichmannii, L. lactis, L. bifidus, Saccharomyces cerevisiae, S. boulardii.

Spectra 12 contient aucun pesticides, herbicides, préservatifs ou artificiel coloration.

PROPRIETARY NON-DAIRY PROBIOTIC FORMULA

- The legendary Australian Grasses Green Barley Grass, Green Alfalfa Grass and Green Wheat Grass
- Nutrient Rich Beans, Grains and Seeds Adzuki Beans, Wheat, Barley, Oats, Rye, Whole Maize, Flaxseed, Brown Rice, Mung Beans, Millet, Alfalfa Seed, Buckwheat, Sunflower Kernels and Penitos
- The Enhancers Green Ginger, Barley Malt and Blackstrap Molasses
- A complete free-form spectrum of the 20 Amino Acids as well as both the Omega 3 and Omega 6 Essential Fatty Acids
- A multiple spectrum of over 90 free-form vitamins and minerals
- A spectacular free-form array of beneficial enzymes and phyto-nutrients

www.naturalprobiotics.com 403-256-2912

© Quantum Homeopathics, Inc. All Rights Reserved

Six Reasons Everyone Needs

SPECTRA 12^{IM}

Probiotic Superfood



A PROPRIETARY
NUTRIENT SYSTEM

Six Reasons Everyone Needs Spectra 12™

- 1. A colony can be made of millions of bacteria. Spectra 12™ averages around 50 million colony-forming units per gram. These active colony-forming units will reach the gut and re-colonize. Our bacteria are not only alive, but abundant. Strong colonies are vital for making bacteria products effective.
- 2. We culture and grow our bacteria organically with no artificial boosting of counts. This is why we have the world's only 'Certified Organic' bacteria. These are grown, harvested and compiled in a specific, endorsed process. Our ingredients are not treated with any pesticides, herbicides, preservatives, or colouring. We do not allow any genetically modified foods.
- 3. Many companies grow bacteria from other sources such as fecal matter. All of our bacteria come from grains, veggies and fruits grown in Australia. The bacteria we culture are the heartiest in the world-this is due to the harsh conditions they must survive.

Why Do We Get Sick So Often?

We've all heard the saying "Death Begins in the Colon." Then it should come as no surprise that many alternative doctors believe that a disrupted ecology of the gastro-intestinal tract may be at the heart of up to 90% of all known human illness and disease

disease.

Excerpt from Family Health News

- 4. Spectra 12™ contains 13 strains of bacteria along with their food source. If the body is provided with these 13 strains, it has the ability to create an environment where the other hundreds of sub-strain--vital to the body--can exist and multiply. One of the principal reasons most bacteria products do not work results from the battle that erupts between the good bacteria as they compete for food. It is absolutely vital that bacteria are accompanied by foods they like to eat; otherwise this becomes detrimental to the bacteria population.
- 5. The 13 strains of bacteria found in Spectra 12[™] results from over 22 years of culturing experience. During this time, we have evolved the bacteria--through means of stress--to resist the many things that kill them, such as toxic interference. No other company will invest the time and money into this process, which cost in excess of \$2.5 million, some 22 years ago.
- 6. Spectra 12[™]'s formula includes 17 living whole foods. Three weeks prior to bottling, these living whole foods have been predigested or bio-potentiated by the bacteria to make them100% available for the body upon consumption.

Dedicated to your good health and vitality!

A nutritional wish list you can fit in just one teaspoon. Since the body will normally digest food with an efficiency factor of 20% this means we have increased the bioavailability of vital living nutrients by 500%.

Bio-potentiation, a proprietary method found only in the Spectra 12[™] formula, breaks down the cellulose lining on the grain over a 3-week period. When taken internally it is ready and available for the body to completely absorb all the nutrients, through the small intestine, and circulated through the body by means of the bloodstream.

It is also very important that the ingredients are solar dried, rather than exposed to high heat, in order to preserve their integrity.

Spectra 12™ is a living Pro-biotic Super food, which promotes balance in the body, thereby allowing it to function the way mother nature intended.

